# ANOTHER LITTLE WORLD

BEAUTY EXPERIENCE

CORTON DENHAM



# #TREATSATALW

= A beauty experience not just a treatment

WINTER 19



#### OUR STORY

Another Little World's adventure was created by Carly in 2010 in Somerset. With years of experience spent in the beauty industry, Carly felt it was time to create something of her own that reflected her passion for the extra details that make the treatment experience that little more wonderful.

Learning along the way what detrimental effects certain ingredients can have on ones-self, she felt that it would be very hypocritical to continue to use products that contained these on her clients.

This is where the story began....

Your treatment is an experience rather than a quick fix, with lots of personal touches along the way.

We don't like 'typical' + we love being individual. This is the running theme you will discover at Another Little World, along with friendly, professional and helpful staff.

# ASK US A QUESTION?

How early should I arrive for my treatment? We ask that you arrive 10 minutes prior to your appointment. Please be aware that if you arrive late, the time of your appointment will be shortened in consideration of the next client.

What if I need to cancel my treatment? If you cancel your appointment with less than 24 hours notice, you will be charged 50% of the total cost of your treatment. A cancellation on the day or a 'no show' will incur a 100% charge. You can cancel or move your appointment via clicking the 'book now' button on the website to log in to your profile. This allows you to view all of your appointments. Please feel free to email, or call.

Do you sell gift vouchers?

Gift vouchers are available of an amount of your choice + are valid for 12 months. Please email, call or head to our online shop to purchase.

What is a patch test?

A patch test is required for all of our tinting treatments. You must have one at least 24 hours prior to having your tinting treatment.

#### How can I book?

Bookings are by appointment only and can be made on our online booking system on our website or by telephone + email.

#### What should I wear?

If you are coming for a pedicure, please remember to bring your flip flops to keep those toes perfectly shiny. After a massage, wear loose clothing so you can continue to enjoy the effects of your treatment.

#### What if I have a medical condition?

Please call or email reception to inform us so we can ensure we can still treat you. If you have a change in colour/thickness to your nails or change in skin condition to your feet please do inform us a minimum of 48 hours as this could stop you having a treatment.

Do you offer a loyalty system?

We do indeed! We use an app which will be saved in your wallet on your iPhone or Google Pay on your Android.

#### CACI

CACI - pronounced K - C

Meaning Computer Aided Cosmetology Instrument. CACI was originally devised from a medical background by Dr Thomas in the United Sates to treat people with Bells Palsy. After the patients were treated they found that affected side of the face had actually been lifted higher than the unaffected side. With over 20 years medical research it is completely and painless. Incorporating current. Ultra sonic peel and LED light therapy. Not only working on the muscular side CACI works amazingly on the skin too helping to improve acne, scarring, blemishes dehydration, CACI International is an award winning company with expertise in the beauty industry that spans two decades. As the driving force behind the world acclaimed CACI nonsurgical facelift system, CACI has built a reputation as an industry leader and innovator.

## **CACIFACIALS**

Consultations are essential if you haven't been to Another Little World for a CACI treatment.

CACI Mini | 30 mins | 30

A quick but powerful facial to give skin a great boost, great for all skin types.

CACI original | 60 mins | 45

Educates the facial + neck muscles using microcurrent. Tightens firms + lifts, a fantastic non-surgical facelift.

CACI Ultra | 75 mins | 57

Educating facial + neck muscles using microcurrent to tighten, firm + lift. Two facials in one - not only does this work on the muscles, which is the most important part, it also exfoliates, plumps, circulates the blood + hydrates the skin. This helps the benefits to last longer + creating a great support structure.

Super CACI Hydratone | 90 Mins | 65

Educating facial + neck muscles using microcurrent to tighten, firm and lift. Two facials in one - not only does this work on the muscles, which is the most important part, it also exfoliates, plumps out the skin + circulates the blood. What makes the Super CACI Hydratone even more special is that we use a hydrating + plumping serum, adding more to the overall benefits + leaving the skin beautiful and dewy.

CACI Ultra + Alumier skin peel | 120 Mins | 100

Educating facial + neck muscles using microcurrent to tighten, firm + lift. Two facials in one - not only does this work on the muscles, which is the most important part, it also exfoliates, plumps out the skin + circulates the blood. This helps the benefits to last longer and creates a great support structure. We assess your skin + prep the skin ready for your customised Alumier MD skin peel, which exfoliates the skin to encourage dead skin cells to dissolve. This quickens the process of 'repairing' the skin + quickly a new layer is created. Leaving you with healthy, fresh + plump skin.

CACI Hand Treat | 30 Mins | 35

Using an ultrasonic hand piece which vibrates 25,000 times a second to exfoliate, circulate + hydrate. Penetrating moisture deeper into the skin + the use of the wrinkle comb plumps and softens fine lines. Perfect for dehydrated skin showing signs of neglect.

#### **ALUMIER MD**

Consultations | 30 mins | free

Radiant peels | 60 mins | from 70.00

Glow peel | 60 mins | from 85.00

Beautiful skin doesn't happen overnight, + treatments take time to show results. A single chemical peel can provide the immediate effect of bright skin, however more significant results in treating textural issues, fine lines and inflamed acne could take up to 8 weeks. Using optimal medical grade ingredients consistently + as directed to achieve the best results.

You are an individual, therefore we treat you like an individual + there is not one magic product out there that fixes everything for everyone in the same way. We assess your skin in your consultation to create your home care + treatment plan.

Just as you take your time to exercise, you need to take time for your 'daily skin care work out regime'.

You can purchase your home care from the comfort of your home + Alumier feel that one good turn deserves another.

## EXPRESS FACIALS

Illuminate + Glow | 50 mins | 50.00

Have your very own customised facial using medical grade, targeted skin care from Alumier MD. Deep yet gentle cleansing. Enjoy a luxurious face + neck massage to aid oxygen to the skin and stimulate blood circulation, followed by an enzyme mask to clear + brighten the skin.

High-energy, hands-on massage techniques combined with the use of specialised tools result in the skin being lifted, toned + tightened. A non-invasive treatment focusing on muscle stimulation + manipulation.

Express facial | 30 mins | 30.00

Using Alumier MD to give you results using clean science. The skin is deeply cleansed + gently exfoliated. A mask boosts the skin's radiance + texture whilst you enjoy a relaxing hand massage with Bramley body care. A serum + moisturiser specially selected for your skin type is applied, completed with a physical only spf. Skin's freshness + brightness is returned.

#### FINGERS + TOES

Smith & Cult is a representation of individual expression. Creating nail colours that are not only kind to our environment, but kind to our bodies too with the removal of toxic chemicals = 8 chemicals free.

Mini Manicure | 30 mins | 17

Using Smith & Cult's fabulous colour range, leaving you with beautiful nails you can be proud of. (Cuticle tidy, File + Polish)

Manicure | 60 mins | 25

Using Smith & Cult + beautiful products from Bramley who just happen to be local. Leaving your hands soft, nourished + beautiful once again.

Shellac Gel Polish | 60 mins | 25

Goes on like polish, cures like gel under LED light. Giving you beautiful polished nails with a high gloss finish lasting up to two weeks.

Goldfinger | 80 mins | 30

Delicate sprinkles of gold leaf set within your Shellac gel polish application with a high gloss finish lasting up to two weeks.

Removal of Shellac Gel Polish | 30 mins | 10

Removal of gel polish without causing damage to the natural nail, with application straight

after (add 25). Please note we only remove gel polish that has been applied @ Another Little World. Short of time? Collect one of our Shellac removal packs for home removal (add 15 giving you around 3 removals).

Mini Pedicure | 30 mins | 17

Using Smith & Cult's fabulous colour range, leaving you with beautiful toes you can be proud of. (Cuticle tidy, file + polish)

Pedicure | 60 mins | 28

Using Smith & Cult and beautiful products from Bramley, who just happen to be local. Leaving your feet soft + nourished + beautiful once again.

Shellac Gel Polish on toes | 60 mins | 25

Goes on like polish, cures like gel under LED light. Giving you beautiful polished nails with a high gloss finish lasting up to two weeks.

Removal of Shellac Gel Polish | 30 mins | 10

Removal of gel polish without causing damage to the natural nail with application straight after (add 20). Please note we only remove gel polish that has been applied @ Another Little World. Collect one of our Shellac removal packs for home removal (add 15 giving you around 3 removals).

Add on

IBX 1<sup>st</sup> nail treatment | 15 mins | 15

IBX continue treatment | 10 mins | 10

Gel polish to a pedicure | 20 mins | 10

French polish finish | 10 mins | 5

French gel polish | 10 mins | 7

Nail art | 15 mins | from 50p

Simple geometric, glitter or sparkles (per nail)

Scalp massage | 10 mins | 15

Enjoy a calming scalp massage to release tension and worries while your gel polish is removed or heated booties warm your toes.

Head to toe | 20 mins | 25

Foot soak, scalp massage and foot massage

Heated booties or mitts | 15 mins | 10

Thermal treats ensure a luxurious, intensive treatment. Enhances the results of the product giving you soft, hydrated skin.

#### HAIR FREE

Outback organics is a family run company located in the heart of the tranquil Somerset country side. Fusing the latest cosmetic ingredients, with innovative natural extracts from the coastline, forests + bush lands of Australia. Many of their luxurious Australian botanical products contain either pure, organic tea tree oil or lemon myrtle oil - two of nature's strongest antiseptics + wonderful natural remedies in the treatment of countless skin ailments, cuts scrapes, insect bites + minor infections.

This range, which is stocked here at Another Little World, is not tested on Animals and is free from synthetic colours and fragrences, parabens, SLS, SLES, lanolin, mineral oils and other harsh chemicals. These natural products will help to reduce redness, ingrown hairs and pimples.

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Hot Wax - reduces skin sensitivity + redness
Eyebrow Shape | 20 mins | 8
Upper Lip | 15 mins | 10
Chin | 15 mins | 7
Upper Lip & Chin | 30 mins | 18
Underarms | 15 mins | 12
Bikini Line | 30 mins | 15
Brazilian | 50 mins | 30
Hollywood | 60 mins | 30
Strip Wax Treatments
Abdomen | 20 mins | 15
Forearms | 30 mins | 15
Half Leg | 30 mins | 15
Full Leg | 60 mins | 28
Full leg + bikini line [hot wax] | 90 mins | 36
Feet + Toes | 20 mins | 10
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#### APPLE OF MY EYE

Catch someone's eye with our fabulous eye treatments.

Eyebrow Shape | 20 mins | 8

Using wax to remove excess hair to shape + define, this helps to open + 'lift' the eye area.

Eyebrow Tint | 20 mins | 10

A little eyebrow tint can really help to frame the eyes. Try this combined with an eyebrow shape too, a perfect duo.

Eyelash Tint | 30 mins | 15

We love this little treatment! You wake up bright eyed in the morning, look great on the beach + no panda eyes when relaxing in the spa. Enjoy a hand + arm massage as an extra treat from us.

Eyebrow Shape + Eyebrow Tint | 40 mins | 16 Lift, shape + define the eye.

Eyebrow Shape, Eyebrow Tint + Eyelash Tint
| 60 mins | 30

LVL | 90 mins | 45

Take lashes from 'natural to super natural, by straightening your natural lashes at the root + then tinting them. Lasting around 8 weeks.

Disconnect to reconnect . . .

# REBALANCE + RESTORE

Reflexology | 50 mins | 39

Dating back from ancient Egypt, India + China, corresponding to the different parts of the body. We work holistically to promote an improved health + well-being. We tailor-make your treatment, helping to restore your body's balance naturally. Reflexology is suitable for almost everyone, however there may be times when it's not suitable for us to treat you.

Reiki | 60 mins | 40

Creates deep relaxation helping the body to release any stress or tension by dissolving energy blocks to promote a natural balance of body, mind and spirit. Accelerating the body's ability to heal itself.

Indian Head Massage | 45 mins | 39

Originating from Ayurveda where it is believed the mind + body are linked to improve not only physical well-being but mental +motional wellness too. Focusing on massaging acupressure points along the head, neck + shoulders.

# **SWITCH OFF**

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Back, Neck + Shoulder Massage
30 mins | 34
Aromatherapy Back Neck + Shoulder Massage
40 mins | 44
Back, Neck, Shoulder + Head Massage
45 mins | 39
Aromatherapy Back, Neck, Shoulder + Head
Massage
55 mins | 49
Full Body Massage
| 60 mins | 45
Aromatherapy Full Body Massage
70 mins | 55
Full Body + Head Massage
90 mins | 50
Aromatherapy Full Body + Head Massage
| 100 mins | 60
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## STAY A WHILE

Project Restoration Sally | 3 hours | 65

Gel fingers, gel toes, eyebrow shape, eyebrow tint, eyelash tint.

The Naked Truth | 90 mins | 35

Half leg wax, bikini line wax, underarm wax.

40 Winks | 60 mins | 59

Back, neck, shoulder + head massage with warming space mask to take you to a celestial world, with taster reflexology completing your journey.

Betsy Tingle | 70 mins | 35

Mini mani, IBX nail treatment, take away a cuticle oil + daily keratin treatment to maintain strength + health of the nail.

## **GENTLEMEN'S LOUNGE**

We all love a gentlemen that takes care of himself, so we don't like to stop you from having any of our treats. All treatments that we offer are available for you chaps, but we thought we would make a few special packages especially for you.

A Marvellous Man | 90 mins | 36

Mini mani, mini pedi + eyebrow shape to keep the marvellous man looking tidy + presentable

Smooth Stud | 90 mins | 43

Eyebrow tidy, chest + back wax

# HAIR FREE

Eyebrow tidy | 20 mins | 8

Chest | 30 mins | 20

Back | 30 mins | 20

Underarms | 20 min | 10

Chest + Back | 60 mins | 38

#### TEENS

We are aware being a teenager can be demanding + a time when meeting new friends and having deadlines can be difficult, so we want to make it a little easier for you. It is also a time when our hormones + stress levels are flying all over the place, which can reflect in our skin and make us feel unbalanced. With our skin care being chemical free + natural, we trust these products for all ages. Please see our treatment menu to see what treats we can offer you and book in for a free consultation so discuss.

Pick + Mix | 60 mins | 40

Choose any two mini treatments to create your very own pamper package (+ take home a Space Mask + sleepy tea for a home time treat to aid relaxation):

Mini Express Facial (using natural + organic products)

Mini Manicure (file, cuticle tidy + polish)

Mini Pedicure (file, cuticle tidy + polish)

Eyebrow shape

'Just notice'. . .

#### FUN + FROLICS

Here at Another Little World we understand how important yet so stressful your special day can be. That's why we try and take away every stress, starting from planning, right through to your wedding day.

Every bride wants perfect skin, + the better the 'canvas' the more your skin will thank you. We can help to generally boost fabulous skin, clear + control acne, soothe + calm rosacea, hydrate the driest of conditions. Improve muscle mass and fine lines, + the problem that occurs the most - oily skin. Of course we don't just treat skin; we can help with nails, hair removal + so much more!

When you arrive @ The Farm you can slip into a robe and slippers, relax by watching the beautiful view and let the peace and quiet calm your mind. The best bit is you have exclusive use of the space so you can totally switch off. Sky lights frame birds flying overhead, light floods through a side elevation allowing the clouds to gently pirouette past. Ginger tea warms you while the views soothe your mind. Namaste whispers from the moment you enter.

Book private restorative yoga with our resident yoga teacher to complete your day of inner calm + rebalance.

Tip toe back to No 5, the onsite apartment so you really don't have to leave Another Little World.

Local wedding venue North Cadbury Court is just one of our stunning venues which we are super proud to be working with. Creating a relaxation area poolside, with views of their walled gardens. You hire our 'family' - anything from minimum of half a day to the length of your entire stay. Perfect for pre wedding treats, or pure relaxation before a weekend of celebrations.

This is something we can offer to you at your chosen venue to rebalance and restore, allowing you to switch off.



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